



2025 COMMONWEALTH SENIOR, JUNIOR & YOUTH WEIGHTLIFTING CHAMPIONSHIPS AHMADABAD -INDIA, AUGUST 24-30

FINAL COMPETITION TIMETABLE

Sunday August 24

CWF Annual General Meeting	10:00	Place	TBA
Technical Meeting	11:30	Place	TBA
Indian W/F Electoral Congress	????		
Opening Ceremony	????		

Monday 25 August

Session 1 - starts at 09:00	WOMEN	44kg A & 48kg B categories	Weigh/in	07:00 to 08:00
Session 2 - starts at 11:30	MEN	56kg A & 60kg B categories	Weigh/in	09:30 to 10:30
Session 3 - starts at 14:00	WOMEN	48kg A category	Weigh/in	12:00 to 13:00
Session 4 - starts at 16:30	MEN	60kg A category	Weigh/in	14:30 to 15:30
Session 5 - starts at 19:00	MEN	65kg B category	Weigh/in	17:00 to 18:00

Tuesday 26 August

Session 6- starts at 09:00	WOMEN	58kg B category	Weigh/in	07:00 to 08:00
Session 7 - starts at 11:00	MEN	71kg B category	Weigh/in	09:00 to 10:00
Session 8 - starts at 13:00	WOMEN	53kg A category	Weigh/in	11:00 to 12:00
Session 9 - starts at 15:30	MEN	65kg A category	Weigh/in	13:30 to 14:30
Session 10 - starts at 18:00	WOMEN	58kg A category	Weigh/in	16:00 to 17:00

Wednesday 27 August

Session 11 - starts at 09:00	WOMEN	63kg B category	Weigh/in	07:00 to 08:00
Session 12 - starts at 11:00	MEN	79kg B category	Weigh/in	09:00 to 10:00
Session 13 - starts at 13:00	WOMEN	63kg A category	Weigh/in	11:00 to 12:00
Session 14 - starts at 15:30	MEN	71kg A category	Weigh/in	13:30 to 14:30
Session 15- starts at 18:00	WOMEN	69kg B category	Weigh/in	16:00 to 17:00



Thursday 28 August

Session 16 - starts at 09:00	MEN	88kg B category	Weigh/in 07:00 to 08:00
Session 17 - starts at 11:00	WOMEN	77kg B category	Weigh/in 09:00 to 10:00
Session 18 - starts at 13:00	WOMEN	69kg A category	Weigh/in 11:00 to 12:00
Session 19 - starts at 15:30	MEN	79kg A category	Weigh/in 13:30 to 14:30
Session 20 - starts at 18:00	WOMEN	77kg A category	Weigh/in 16:00 to 17:00

Friday 29 August

Session 21 - starts at 09:00	MEN	94kg B category	Weigh/in 07:00 to 08:00
Session 22 - starts at 11:00	MEN	110kg B category	Weigh/in 09:00 to 10:00
Session 23 - starts at 13:00	WOMEN	86kg A category	Weigh/in 11:00 to 12:00
Session 24 - starts at 15:30	MEN	88kg A category	Weigh/in 13:30 to 14:30
Session 25 - starts at 18:00	MEN	94kg A category	Weigh/in 16:00 to 17:00

Saturday 30 August

Session 26 - starts at 09:00	MEN	110kg A category	Weigh/in 07:00 to 08:00
Session 27 - starts at 11:30	WOMEN	86+kg A category	Weigh/in 09:30 to 10:30
Session 28 - starts at 14:00	MEN	110+kg A category	Weigh/in 12:00 to 13:00